

## No Grain Spaghetti

1 head green cabbage

2 Tbsp. coconut oil

2 Tbsp. butter

Your favorite spaghetti sauce or hollandaise sauce

Thinly slice cabbage and saute' in oil and butter till very tender. Separate onto plates and top with your family's best spaghetti sauce! This is a tasty way to avoid simple carbs and add vitamins to a classic dish.

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